

## Resources

### 24-Hour Help Lines

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Ozone House Crisis Line: 734-662-2222
- University of Michigan Psychiatric Emergency Services: 734-936-5900

### Free Youth Counseling

- Phone: 734-484-3600
- [www.cornerhealth.org](http://www.cornerhealth.org)

### Ozone House

- Phone: 734-662-2222
- [www.ozonehouse.org](http://www.ozonehouse.org)

### Adolescent Support Groups (at the University of Michigan Depression Center)

- Phone: 734-764-0250
- <http://www.depressioncenter.org/patients-visitors/workshops-and-groups/default.asp>