








Milan High School Lunch Menu March 15-19, 2010

All Meals Available to Free/Reduced Program Students at No Extra Charge

Daily lunch includes milk and a choice of two different items: hot veggie, side salad, fresh veggies/fruit, fruit cup

Stations Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday	Thursday	Friday
 \$2.50	Philly Steak Sandwich Bar Variety of Toppings Baked Potato	Nacho Bar w/Mexican Meat Nacho Cheese Nacho Chips Refried Beans Spanish Rice	 Balanced Choices Chicken Parmesan Seasoned Pasta Seasoned Mixed Vegetables Fresh Orange	<i>Top Your Own Mashed Potato Bowl</i> Breaded Popcorn Chicken Mashed Potato Golden Corn Gravy Cheddar Cheese	2 for 1 Grilled Cheese Sandwiches Tomato Soup Goldfish Crackers
 \$2.50 Wheat Crust Cheese or Pepperoni Pizza	 Balanced Choices Cheese Pizza Tossed Salad Fresh Orange Baked Apples Slices	Cheese Stuffed Crust Pizza	Stuffed Calzone	Lotsa Meatsa Pizza	Ham Pineapple and Bacon Pizza
 \$3.00 w/Chips Assorted Sandwiches, Subs, and Wraps Made-to-Order	Little Italy Wrap	Italian Hoagie	Tuna Salad on Multi-Grain Bread	Roast Beef and Swiss on Nine Grain	Salami and Cojack on Sub Bun
AuBon Pain Soup \$2.50/12 oz Bowl \$3.00 w/Roll	Chicken Noodle	Broccoli Cheddar	Potato Cheese	Chicken Noodle	Broccoli Cheddar
THE FRESH GRILLE \$2.50 w/Fries Hamburger Cheeseburger Chicken Patty Sandwiches A la Carte Fry \$1.00	Spicy Chicken Patty on Bun	Egg Sausage and Cheese on English Muffin	Chicken Strips of Fire	Foot Long Hot Dog	 Balanced Choices Hamburger Patty on Bun Romaine Lettuce Tomato Baked Potato Peaches
Menutainment Panini Fresca \$3.00 w/Chips Assorted Grilled Sandwiches	Meatball Submarine	Chicken and Cheese Quesadilla	Hot Italian Submarine	 Balanced Choices Turkey Club Bagel Sandwich Vegetable Pasta Salad Fruit Choice	Pizza Submarine
Wild Greens and Outtakes \$3.00	Vegetarian Plate w/Hummus and Pita Bread <i>Select a FREE</i> Aquafina Water	 Balanced Choices Antipasto Salad w/Soft Pretzel Fruit Choice <i>Select a FREE</i> Aquafina Water	Chef's Salad w/Bread Choice <i>Select a FREE</i> Aquafina Water	Grilled Chicken Fajita Strips Salad w/Bread Choice <i>Select a FREE</i> Aquafina Water	Chicken Finger Salad w/Bread Choice <i>Select a FREE</i> Aquafina Water

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